

October 2025

Cross Creek Family Resource Center



2002 Old St. Augustine Rd. Building A Suite 50, Tallahassee FL, 32301
850-629-6999

Mondays

OPEN

9:00 AM-5:00 PM

Toddlers and Tambourines with Healing Hearts

Every Monday

11:00 AM-11:30 AM



Whole Child Leon

Dates: 10/6 & 10/20

2:30 PM-5:00 PM



Tuesdays

OPEN

9:00 AM-7:00 PM

Books, Balls, & Blocks!

Developmental Screening

Date: 10/7

Time: 5:00 PM-7:30 PM

Practical Parenting Education

Date: 10/14

6:00 PM



Family Game Night

Date: 10/21

6:00 PM



Cross Creek Candy Corn Cinema Night

Date: 10/28

6:00 PM



Wednesdays

OPEN

9:00 AM-7:00 PM

Closed for Staff Training on 10/1



Coffee and Conversation

Every Wednesday

9:30 AM-10:30 AM

Whole Child Leon

Dates: 10/8 & 10/22

2:30 PM-5:00 PM



Creative Art Expressions

Dates: 10/8 & 10/22

4:00 PM



Free Tutoring w/ JUMP

Every Wednesday

6:00 PM



Thursdays

OPEN

9:00 AM-5:00 PM

Cross Creek Wellness Day
Every Thursday
10:00 AM-4:00 PM



Fridays

OPEN

9:00 AM-2:00 PM

**Whole Child Leon
*By Appointment Only***

Please call
850-629-6999 to
schedule a time for your
Friday appointment.



Saturdays

OPEN: 10/11

9:00 AM-4:00 PM

**DSR Public Health:
FREE Health Check
Screenings**

Date: 10/11

9:00 AM-12:00 PM



**Community
Trunk or Treat**

Date: 10/25

10:00 AM-2:00 PM

Location:

Old West Florida
Enrichment Center,
2344 Lake Bradford Rd



The Cross Creek Family Resource Center is your neighborhood hub open throughout the week for free play space, art creation, computer lab access, family goal attainment and much more.

Mondays

- **Toddlers and Tambourines with Healing Hearts:** A music therapy provider for families with young children, ages 0-5, that fosters growth and well-being through music.
- **Whole Child Leon (Bi-Weekly):** A free, social-emotional and behavioral screening program for youth (0-21) helping families access behavioral health services and supports.



Tuesdays

- **Books, Balls, and Blocks Developmental Screening (10/7):** A free, play-based community screening event for young children, ages 0-5.
- **Practical Parenting Education (10/14):** A free parenting education workshop with the J.U.M.P Community Project, teaching practical parenting principles.
- **Family Game Night (10/21):** Join us for a night of fun games, loads of family and neighborly bonding.
- **Candy Corn Cinema Night (10/28):** A family-friendly activity for all to enjoy. Enjoy exploring the FRC for sweet treats and a Fall family movie.

Wednesdays

- **Coffee & Conversations:** Stop by to grab a coffee and connect with community members and leaders to discuss needs and resources.
- **Whole Child Leon (Bi-Weekly):** (See Monday)
- **Creative Expressions:** Join us on the 2nd and 4th Wednesdays for open art sessions for creative fun.
- **Free Tutoring :** Students of all ages can access free tutoring sessions with the J.U.M.P. Community Project.

Thursdays

- **Cross Creek Wellness Day:** Refresh your mind and body with wellness activities, resources, and community connection throughout the day.



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Fridays

- **Whole Child Leon** (by appointment only)



Scan for more info or to follow us on social media!



Service Saturday: 10/11

- **DSR Public Health Screenings (9:00 AM - 12:00 PM):** Free Health Screening for neighbors of all ages. Blood Pressure, BMI Assessments and Blood Sugar testing on sight with DSR Public Health.



FORT BRADEN FAMILY RESOURCE CENTER OCTOBER



16387 Blountstown Hwy Tallahassee, FL 32310
located in the Scout House behind the Community Center

Mondays

OPEN
9:00 AM-5:30 PM

Bagels, Books and Benefits
Every Monday
10:00 AM



All Days!

Share Your Heart Meals for Members
Stop by whenever we are open to access fresh and frozen meals!



Tuesdays

OPEN
9:00 AM-6:30 PM

Toddlers & Tambourines with Healing Hearts
Dates: 10/14 & 10/28
1:00-1:30 PM



Sewing Classes, Ages 10-12
Every Tuesday
5:30-6:30 PM
Call to register



Wednesdays

OPEN
9:00 AM-5:30 PM

STEAM Stop
Every Wednesday
11:00 AM



Whole Child Leon
Dates: 10/1,
10/15, & 10/29
2:00-5:00 PM



Teen Mindset Coaching, Ages 8+
Date: 10/8
4:30-5:30 PM



ESOL Family Workshop
Date: 10/15
5:30-7:00 PM



Parent Advisory Council
Date: 10/22
5:30 PM



Thursdays

OPEN
9:00 AM-6:30 PM

Tutoring Program
Every Thursday
3:30-5:30 PM
Call to register



Dancing Little Stars, Ages 3-10+
Every Thursday
5:30-6:30 PM



DSR Health Check
Date: 10/9
5:30-6:30 PM



Girl Scouts
Date: 10/16
5:30-7:30 PM



Building Credit Workshop
Date: 10/23
5:30-6:30 PM



Fridays

OPEN
9:00 AM-2:00 PM

Whole Child Leon
Dates: 10/3,
10/17, & 10/31
By Appointment Only



Saturdays

OPEN: 10/18
9:00 AM-3:00 PM

The Fort Braden FRC is a one-stop shop to access a wide variety of comprehensive services & supports to strengthen families' health & wellbeing.

Follow us on social media



Have questions? Reach out to Kimmy Wiley to learn more!
850-254-5466 | kimberley.wiley@chsfl.org



FORT BRADEN FRC CALENDAR

Mondays

Bagels, Books and Benefits, 10:00 AM:

Join us for coffee, bagels, and open conversation. Your FRC is a space for questions, answers, ideas, and community input.

Tuesdays

Toddlers & Tambourines, 1:00-1:30 PM (Ages 0-5):

An engaging music and movement class for all children to learn, play, and grow together.

Sewing Classes, 5:30-6:30 PM (Ages 10-12):

Learn sewing skills in a fun, hands-on environment. Limited space; registration required.

Wednesdays

STEAM Stop, 11:00 AM: Hands-on science, technology, engineering, art, and math activities, designed for homeschooled and PreK-aged children.

Whole Child Leon, Bi-weekly, 2:00-5:00 PM: *see Friday for description*

Teen Mindset Coaching Class, 10/8, 4:30-5:30 PM (Ages 8+): Build confidence, develop positive habits, and strengthen problem-solving skills.

ESOL Family Workshop, 10/15, 5:30-7:00 PM: Join our ESOL (English for Speakers of Other Languages) Workshop designed to help families learn and practice English together.

Parent Advisory Council, 10/22, 5:30 PM: Monthly meeting of our Parent and Family Advisory Council to help make sure the FRC is delivering what the neighborhood wants!

Thursdays

Tutoring Available for All Ages, 3:30-5:30 PM: *Call to register*

Dancing Little Stars, 5:30-6:30 PM (Ages 3-10+): A mobile dance company focused on poise, concentration, memory and balance all while learning ballet, tap, jazz and hip-hop instruction. Two FREE classes are offered before committing.

DSR Health Check, 10/9, 5:30 PM: Free Health Screening for neighbors of all ages. Blood Pressure, BMI Assessments and Blood Sugar testing on sight with DSR Public Health.

Girls Scouts, 10/16, 5:30-7:30 PM: Prepare for fun, friendship, and new adventures while making our neighborhood a better place.

Building Credit Family Workshop, 10/23, 5:30-6:30 PM: Join Loyalty Credit Union for a free bilingual presentation on building and improving your credit. Learn tips, tools, and resources to strengthen your financial future.



The Fort Braden Family Resource Center is your neighborhood hub open throughout the week for free play space, art creation, computer lab access, family goal attainment and much more.

Fridays

Whole Child Leon (WCL) - Bi-Weekly, By Appointment Only: A free, social-emotional and behavioral screening program for youth (0-21) helping families access behavioral health services and supports.

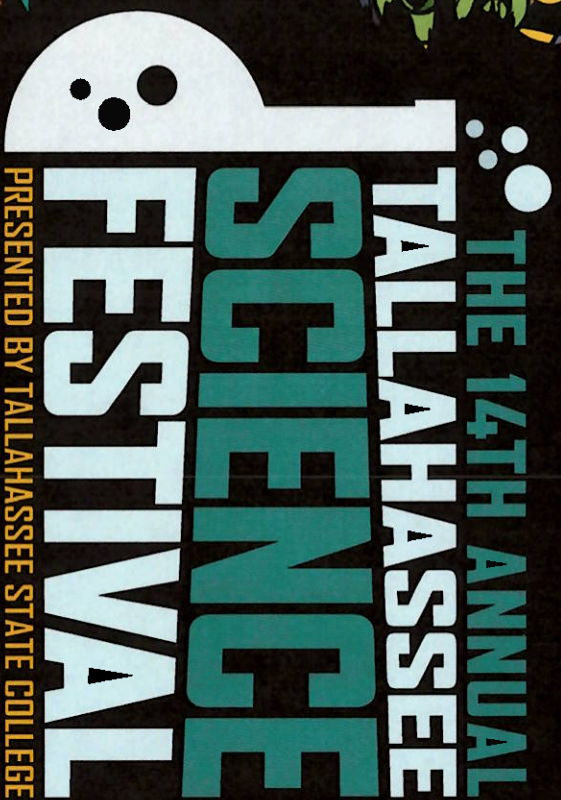


Share Your Heart Meals for Members:

Stop by anytime to access fresh and frozen food for neighbors and FRC members; first come, first served.



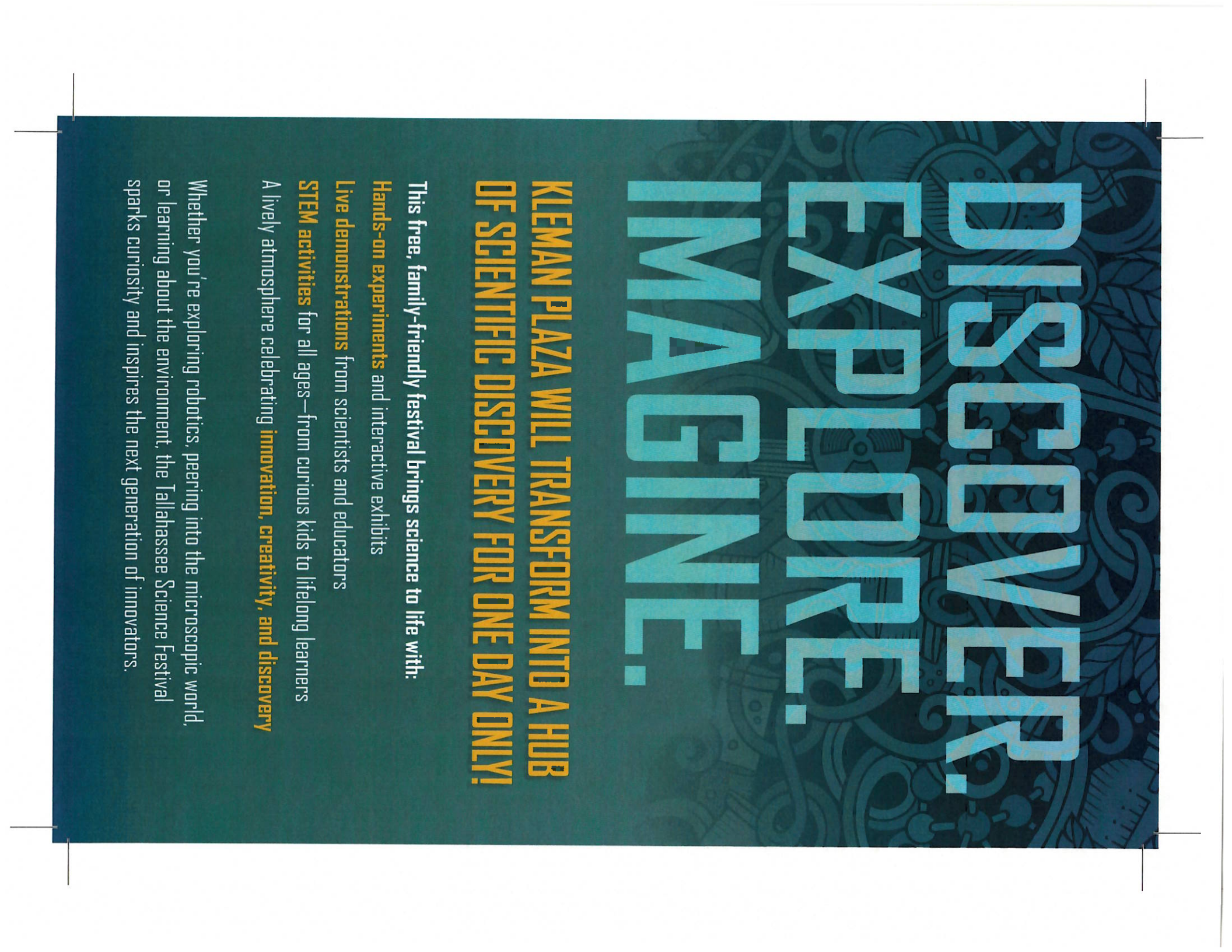
Scan for more info or to follow us on social media



10 a.m. to 2 p.m.

Founded by Elaine and Bill Grace | A proud member of the Science Festival Alliance

TallyState.com/ScienceFestival



DISCOVER. EXPLORE. IMAGINE.

**KLEMAN PLAZA WILL TRANSFORM INTO A HUB
OF SCIENTIFIC DISCOVERY FOR ONE DAY ONLY!**

This free, family-friendly festival brings science to life with:

Hands-on experiments and interactive exhibits

Live demonstrations from scientists and educators

STEM activities for all ages—from curious kids to lifelong learners

A lively atmosphere celebrating **innovation, creativity, and discovery**

Whether you're exploring robotics, peering into the microscopic world, or learning about the environment, the Tallahassee Science Festival sparks curiosity and inspires the next generation of innovators.